

FEBRUARY 2024

BSHS NEWS

MESSAGE FROM THE CEO

MERYN PEASE | CEO

Welcome to our first edition for 2024. I hope you all had a lovely Christmas and New Year and had some time away from work with family and friends and an opportunity to relax.

2024 is shaping up with further changes coming, we will see the Commonwealth introduce three all-encompassing reforms. These are the new Aged Care Act, new (strengthened) Aged Care Quality Standards and a new model of regulating aged care, all set to become law around July 2024. The changes are in response to the Royal Commission into Aged Care Quality and Safety, introducing a new 'person-centred' (safety, health and wellbeing of older people) aged care system including a new statement of rights.

I am pleased to announce that our Skipton campus will become an Orange Door virtual outpost site in late February 2024, following staff training.

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Gold Recipient

Australian Small Employer of the Year

Beaufort and Skipton Health Service acknowledges the Waddawurrung people as the traditional custodians of the land and their continuing connection to land, water and community.

We pay our respects to them and their culture, and to elders both past and present.



Discussions over the past ten months have seen Skipton being selected as a site for the Barwon South West Orange Door program. We are excited to become part of this network and provide support for those in our community who are experiencing family violence. The Skipton Medical Practice and Community Health reception will hold a laptop and provide access to the Orange Door website and resources and direct link to an Orange Door Duty Practitioner via videoconferencing.

Unfortunately, the two grant applications we submitted for the 2023-2024 round of Regional Health Infrastructure Funding were unsuccessful. However, over the past five years we have been successful with RHF grant applications to the value of over \$1.5 million, which has seen progressive improvements to infrastructure.

Construction of the three ensuites for the acute ward at Beaufort will commence in February, with a planned completion date of mid-May 2024. This will mean some noise and other interruptions to the acute ward activity. A small reference group has been established and is being led by Kel, Support Services Manager.

I am sure that we will have a fantastic 2024 that assists us to deliver on our vision of being a vibrant provider of care. Please let me know your ideas on how we can improve the range of services that we offer our community.

Regards Meryn

SPONSOR THANK YOU

The Health Service would like to acknowledge the following sponsors and thank them for their generosity in supporting our Christmas celebrations for our residents. Skipton Health Service staff, Beaufort Butchery, Gorst Rural, Grovers Rural Supplies, Skipton BP Roadhouse, IGA Skipton, Beaufort UFS Pharmacy, Beaufort Rural and Hardware, Grevillea Cottage, Beaufort Bakery and Beaufort News and Tatts.



CONGRATULATIONS TO NEW GRADUATES

The Health Service would like to congratulate the following staff who are now successfully registered as Enrolled Nurses. They have been working at the Health Service while completing their training, and we are now assisting them to transition into their new roles.

Melanie Phillips: Successfully completed her Enrolled Nursing Traineeship and will now undertake the Health Service's Enrolled Nurse Graduate Program.

Emma Patterson: Successfully completed her Enrolled Nursing Traineeship and is now working permanently as an Enrolled Nurse.

Sharni Smith: Worked as a Personal Care Worker and has now commenced working as an Enrolled Nurse.

Coby Treharne: Worked as a casual Personal Care Worker while undertaking his Enrolled Nurse Traineeship at Grampians Health-Ballarat. Coby is now working at the Health Service permanently as an Enrolled Nurse.

Kylie Niblett: Worked as casual Personal Care Worker, and is now working permanently as an Enrolled Nurse.

Curtis MacLaine: Worked as permanent Personal Care Worker, and is now working casually as Enrolled Nurse.



Emma Patterson (Enrolled Nurse), Kim Stevens (Learning and Development Manager) and Mel Phillips (Enrolled Nurse) at their recent Graduation

EXECUTIVE SAFETY WALK ROUNDS

The next Executive Safety Walk Round will take place on **Wednesday 10 April at 1:00pm** for the **Beaufort Hotel Services and Maintenance Department**.

OUR RESIDENTS



EDUCATION UPDATE

KIM STEVENS | LEARNING AND DEVELOPMENT MANAGER

We would like to welcome the 2024 Registered Nurse Graduate Nurses to the organisation. Melissa Deppler will be commencing in Beaufort, Alexis Roscoe in Skipton and Eloise Hennig in Ballarat at Grampians Health. I know that all three will be wonderful additions to the Health Service.

As an initiative with Going Rural Health to improve allied health student placements and resident's outcomes within aged care, we are participating in a project that will see an increase in services provided within our facilities. As a result, Going Rural Health have employed Rose Nicholson as the Allied Health Project Officer. Rosie is a Physiotherapist who will be working closely with us to ensure that the allied health placements will be successful and supported. Rosie will work 0.6 EFT and will commence at the beginning of February, for one year, and will be working closely with the Education Team. The outcomes of this project will be published as research.



We look forward to welcoming Rosie.

MANDATORY TRAINING

KIM STEVENS | LEARNING AND DEVELOPMENT MANAGER

Thank you to everyone who has already completed or begun completing their mandatory training. We understand that there had been some issues accessing the Grampians Learning Hub. These issues are now resolved but please contact us if you have any further problems completing courses.

A reminder that mandatory training needs to be completed by Sunday 31 March.

If you are new to the organisation you will also need to complete all your onboarding courses.

GRAMPIANS HEALTH LIBRARY

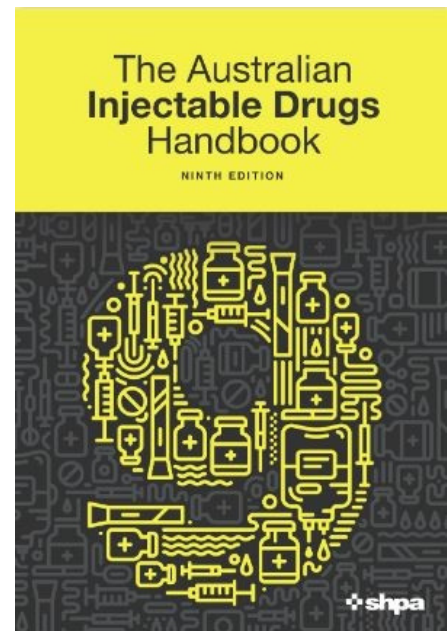
What is the Australian Injectable Drugs Handbook (AIDH)?

This important tool is an evidence-based, comprehensive reference that includes more than 500 injectable medicines, 82 cancer therapies and other monographs about injectables use in infants and children.

Used in conjunction with policies and procedures, this tool assists clinicians, nurses and pharmacists to identify drug classes, synonyms, brand names, and warnings along with other patient-critical drug information.

The AIDH is accessible [online](#) from any onsite computer via the Library.

If you experience issues with online access to AIDH, please contact the Library on 5320 4455 or email us on Library@bhs.org.au



STAFF PARKING REMINDER

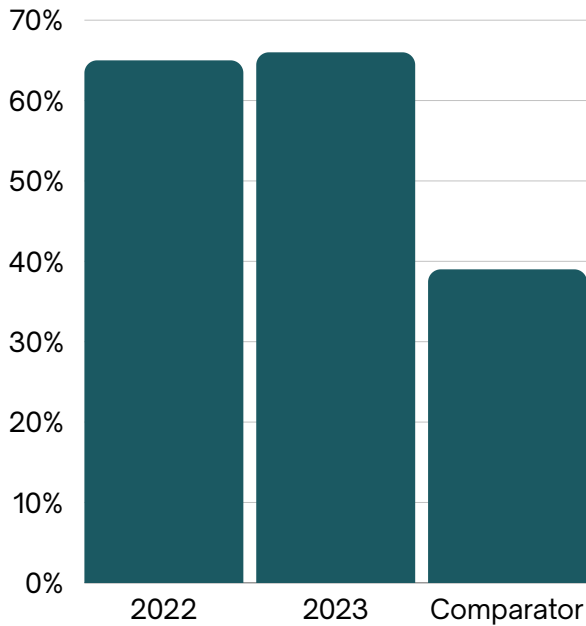
The Health Service would like to remind staff to please park in the staff carparking areas at both the Beaufort and Skipton campuses.

The spare grass block behind the Mechanics Institute Building opposite the Main Entrance of the Hospital at Beaufort and the back carpark near Brigadoon at Skipton are available for all staff to park their cars.

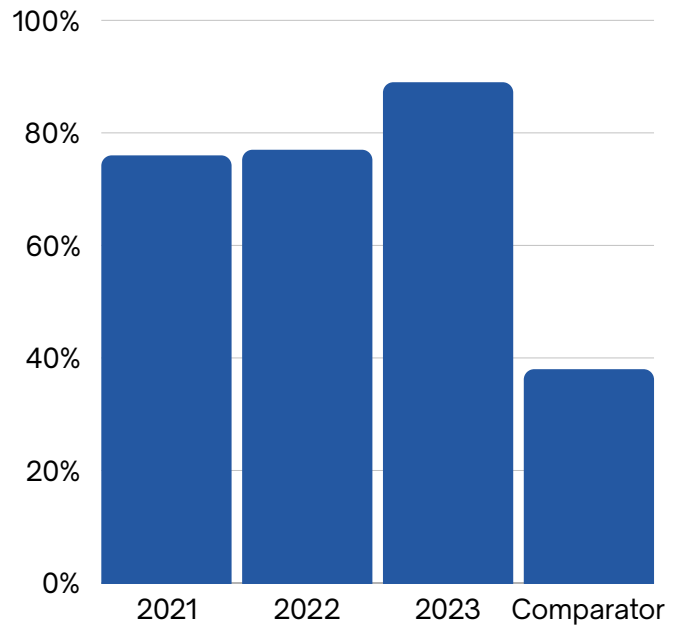
By parking in the allocated staff carparks, this ensures that our resident's family, patients and community health clients have appropriate carparking available to ensure that they can safely access the Health Service.

PEOPLE MATTER SURVEY

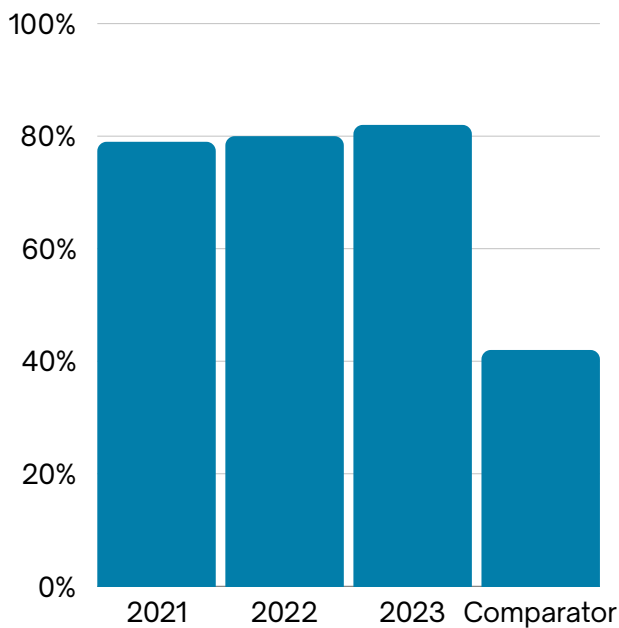
ERICA SMITH | PEOPLE AND CULTURE MANAGER



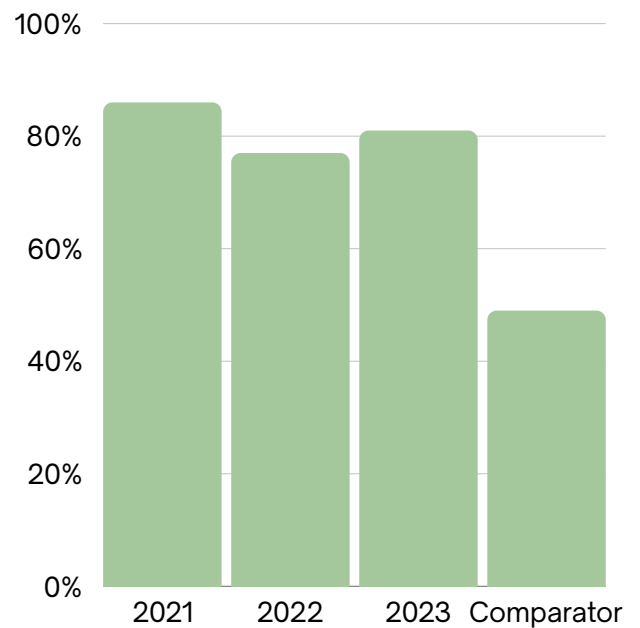
I am satisfied with the opportunities to progress in my organisation



My manager gives me feedback that helps me improve my performance



My organisation takes steps to eliminate bullying, harassment and discrimination



Patient care errors are handled appropriately in my work area

RECIPE OF THE MONTH

beef Taco Bowl

INGREDIENTS

1 medium brown onion
1 green capsicum, thickly sliced
500g lean beef mince
1 tbs mexican chilli powder
1/2 bunch coriander
2 cherry tomatoes, finely diced
1 avocado, thinly sliced
8 mini tortillas, grilled
1 lime, cut into wedges



METHOD

1. Lightly spray a large non-stick frying pan and place over medium-high heat. Cook onion and capsicum for 4 minutes, stirring, or until onion has softened and capsicum is starting to char on edges. Transfer onion mixture to bowl and cover to keep warm. Lightly spray pan with oil and return to heat. Cook mince for 4 minutes, breaking up with a wooden spoon, or until browned. Add chilli powder and cook for 1 minute. Return onion mixture to pan and stir to combine. Remove pan from heat.
2. Place coriander stalks, tomato and cucumber in a medium bowl and stir to combine. Top mince with salsa, avocado and coriander leaves. Serve with tortillas and lime.

EMPLOYEE ASSISTANCE PROGRAM

Converge International is our employee Assistance Program provider. With Converge you have access to free and confidential counselling with friendly professionals. You can use it at any time, without the need to speak with People and Culture, a manager, or health professional.

Call 1300 687 327 to make an appointment or go to www.convergeinternational.com.au for more information.