



COMMONWEALTH HOME SUPPORT PROGRAM SERVICES

Beaufort and Skipton Health Service provide a range of Commonwealth Home Support Program (CHSP) services to support your health and wellbeing.

ALLIED HEALTH AND THERAPY SERVICES

Allied Health services are provided onsite at Beaufort and Skipton Community Health.

- Audiology - Connect Hearing
- Diabetes Education
- Exercise Physiology
- Physiotherapy
- Social Work
- Mental Health Counselling
- Dietetics
- Occupational Therapy
- Podiatry

DISTRICT NURSING

Our District Nursing service provides quality nursing care in your home to maintain your health and retain independence in your own home. Services include wound and medication management, nursing support, palliative care nursing, care following hospital discharge, assessment and referral to other services.

MEALS ON WHEELS

Meals on Wheels is a home-based service delivering hot and nutritious meals to people who are homebound or find it difficult to cook for themselves. Meals are prepared in our hospital kitchens and delivered by volunteer drivers. There are several meals options available and frozen meals can be delivered for the weekend.





SOCIAL SUPPORT GROUPS

Our Social Support Groups provide an opportunity for community members to remain connected to one another while participating in a variety of activities.

Skipton Out and About Bus

Third Tuesday of the month
10am–3pm

Beaufort Men's Walking Group

Every Wednesday
9am–10am

Strength Training

Beaufort: Wednesday | 11am–12pm
Skipton: Thursday | 10:30am–11:30am

Beaufort Blokes Club

First Tuesday of the month
10am–3pm

Skipton Walking Group

Every Thursday
12pm–12:45pm

Gait & Balance Group

Beaufort: Wednesday | 10:15am–11am
Skipton: Thursday | 9:15am–10am

INDIVIDUAL SOCIAL SUPPORT

Individual Social Support enables you to have one-on-one time with a staff member to assist you with activities such as, shopping, visiting at home or going out for a cuppa.

PERSONAL CARE SERVICES

Support with eating, washing, toileting, dressing, grooming, movement and mobility and assistance with medications.

In accordance with government and funding requirements a small fee will apply.

Please refer to our BSHS Commonwealth Home Support Program Services Fee Schedule for current fees.

If you have any concerns regarding fees, please discuss these with our Care Coordinator.

You can choose your preferred service provider and you can also use different providers for different services.

To find out more information about the services that we offer please email **bshs@bshs.org.au** or contact one of our campuses.

Beaufort Campus
28 Havelock Street
Beaufort VIC 3373
P: 03 5349 1600

Skipton Campus
2 Blake Street
Skipton VIC 3361
P: 03 5340 1100