

CEO ANNOUNCEMENT



I would like to thank the Board of Governance, staff and community members for their warm welcome. I am very happy and excited to take on the CEO role at Beaufort and Skipton Health Service.

I join the health service, having been at Orbost Regional Health in Far East Gippsland for the past three and a half years, as the CEO. My background includes extensive experience and knowledge working in rural health services, in Victoria and Queensland for the majority of my career. I have many years of experience in nursing and midwifery and started my nursing training at Bendigo Base Hospital in the late 70's. I have hospital based and tertiary sector qualifications, a Masters of Health Administration and undertaken doctoral level studies. I have held senior executive positions for the past 25 years.

I grew up on a farm at Yeungroon / Coonooer Bridge, with my three older brothers. My brothers are still working the family farm. I am married with three adult children. Our youngest is undertaking her nursing degree at Deakin University at Warrnambool.

It is lovely to be living and working closer to our family. We are living locally in Beaufort and enjoying the lovely food and coffee on offer in the area.

I have a passion and commitment to ensuring that rural communities have access to / and the best and safest care that can possibly be delivered locally.

My direction for the health service and priorities are:

- To build community engagement
- To build respectful, professional staff relationships and teams
- To partner with local rural health services and
- To deliver safe and person centred health services for the Beaufort and Skipton communities.

My husband and I have already transferred our membership to the Rotary Club of Beaufort and are looking forward to being involved in community projects, activities and events.

It is an absolute pleasure to partner with the Walkfest community event by supporting the public liability insurance cover and staff participation on the organising committee.

This is an important health promotion and healthy lifestyle event that will help build healthy communities. I look forward to meeting you out and about in our community.

Meryn Pease

STOP THE PRESS!

Members of the Public are invited to the Official Launch of the

SKIPTON HOSPITAL STRAW HEATING PROJECT

10:30am Wednesday 15 May 2019

(Day Centre Room, 2 Blake St, Skipton)

ROYAL COMMISSION INTO AGED CARE QUALITY AND SAFETY

On 9th October, 2018, Prime Minister Scott Morrison announced a Royal Commission into the Aged Care Quality and Safety.

This Royal Commission will look at the quality of care provided in residential and home care services to seniors and also includes young Australians with disabilities, living in residential aged care settings.

Beaufort and Skipton Health Service, along with over 1000 other Aged Care providers, has submitted the required information for the Royal Commission. The Royal Commission has now invited interested members of the public to make a submission. The Commission will accept submissions from the public until the end of June 2019.

The Royal Commission have commenced the hearings and these will take place in all capital cities and a number of regional locations. The Royal Commission has made it clear that public submissions are very important to its work.

Information about making a submission is available on the Commission's website:

<https://agedcare.royalcommission.gov.au/submissions/Pages/default.aspx>

Details of the survey are also available at the Commission's website:

<https://agedcare.royalcommission.gov.au/submissions/Pages/service-provider.aspx>



GOOD RESULT FOR BSHS ACCREDITATION ASSESSMENT

Beaufort and Skipton Health Service are pleased that they have recently achieved accreditation under The Australian Council on Health Care Standards, following a review and assessment of all the acute (hospital) services.

The National Safety and Quality Health Service Standards are designed to improve the quality of healthcare, as well as ensuring that consumers receive a consistent level of care from health services.

AGED CARE QUALITY AND SAFETY COMMISSION ACCREDITATION

All four of our aged care facilities at Beaufort and Skipton will undergo accreditation this year.

We have received notice from the Commission that this will occur at some time between March to August 2019. This will involve a comprehensive audit of all facilities and procedures and will also give our residents and residents families a chance to share their experiences.

UNANNOUNCED SUPPORT VISIT

Our Skipton campus recently had a support visit from the Aged Care Quality and Safety Commission. This visit involved reviewing documentation, observing practices at the home, looking at resident records, and other documents held by the home such as staff rosters, incident reports and complaints registers.

The Auditors also took the opportunity to talk with residents to get their feedback about their satisfaction of the care and services provided.

We were pleased to receive notice that all standards reviewed were adequately met.

“UNDER THE SPOTLIGHT - DR. PUSHPA CELEBRATES 10 YEARS OF SERVICE”

Dr. Pushpa Ravindranayam was born and raised in Sri Lanka and to further her desire to be a doctor, was awarded a scholarship in Russia. After completing her training, Dr. Pushpa then made the big decision to move to New Zealand to commence her career in medicine, working there for some seven years.

In 2001, Dr. Pushpa moved to Australia and worked at the Maroondah Hospital as well as the Alfred Hospital. Following valuable experience gained in these large city hospitals, Dr. Pushpa decided to share her knowledge and experience with various rural communities.

In 2009, Dr. Pushpa, now enjoying her experiences with country practices decided to join the Beaufort and Skipton Health Service team. By now, she had developed a keen interest in specialty areas such as training.

Dr. Pushpa has dedicated significant time into teaching, supporting and mentoring medical students and registrars. Her dedication and passion throughout her career has seen Dr. Pushpa reaching a number of significant milestones including gaining Royal Australian College of General Practitioners (RACGP) examiner status, as well as being a Quality Assurance examiner for over twelve years.



Dr. Pushpa celebrates 10 years of service.

On a personal level, Dr. Pushpa is married with two children, with one son in his final year of medicine at Monash University and the other completing year 12. Her husband is also a GP in a Ballarat clinic.

BSHS would like to thank Dr. Pushpa for her ten years of dedicated service.

WELCOME KATE

We are delighted to welcome Kate Wyatt to our team as our new Practice Manager.

Kate joined the BSHS team in October 2018, and has five years of experience in private specialist practice in Ballarat. Kate has worked in the medical field for over 20 years and thoroughly enjoys the challenge of working in management.

Kate is married with two children and moved to Ballarat from Western Australia eight years ago. Kate is looking forward to her future with BSHS in the years to come!



Kate Wyatt, Medical Practice Manager

FAREWELL DR. JESSICA

On 31st January 2019, we said a sad farewell to Dr. Jessica Purnama.

Dr. Jess has just finished her twelve month General Practice Registrar placement with Beaufort and Skipton Health Service and has been a valued team member and will be missed by all her colleagues and patients across both campuses.

We wish Dr. Purnama all the very best for her future endeavours.

CONSUMER FEEDBACK

“HELP US IMPROVE OUR SERVICE”



Our health service is committed to providing you with high quality care and services and meeting your needs.

We value your feedback as it can help us to improve our care and services for our community. You can provide feedback to us by reporting a complaint, passing on a compliment or even making a suggestion to improve our services by:

1. Writing a letter or coming to see us.
You can contact us at:
Chief Executive Officer,
28 Havelock Street,
Beaufort. Vic. 3373
Ph: (03) 5349 1682
2. Email us at
bshs@bshs.org.au
3. Fill out one of our compliment and complaint feedback forms
4. Fill out one of our “Bright Ideas” suggestion forms

WORKING WITH OUR COMMUNITY

Consumer participation is an important part of ensuring we are an effective and responsive health service for our community.

It has been pleasing to see that the Health Service has recently re-convened our Community Advisory Committee (CAC).

This committee consists of Board of Governance members, staff and community representatives. Our community representatives provide valuable consumer and community views and feedback, on a wide variety of issues.

This Committee meets regularly and we would like to thank all our community representatives for their ongoing support, valued feedback and assistance.

For more information on how you can get involved, please contact Meryn Pease (CEO) on 5349 1682 or email Merynp@bshs.org.au.



WE CONNECT
COMMUNITY



“VALUING OUR VOLUNTEERS”

Forty Volunteers and staff recently attended the Beaufort and Skipton Health Service “Volunteer Appreciation Luncheon” at Skinny Sisters Café in Beaufort which focused on being a friendly and relaxed time to acknowledge and appreciate the work that our volunteers do for the health service and the local community.

We were privileged to have Anne Beer, local Beaufort Rotarian attend as guest speaker to talk about her experiences as a volunteer for several projects and services. Anne shared her experiences which were at times humorous. As a volunteer, Anne also worked as a Customer Service Officer for the Sydney Olympics and also the Melbourne Commonwealth Games. Anne’s experience has given her many opportunities to help others within her local community and no matter what the experience, she valued them all, as important as each other. Anne outlined the personal benefits and rewards that volunteering and helping others can have for your mental health and general wellbeing.

New CEO, Meryn Pease took the opportunity to get to know our volunteer team and introduce herself and briefly outlined her plans for the health service.

Thanks goes to Danni Trezise (Community Integration Manager) for her work in organising this event. If you wish to have any further information or are interested in volunteering your services, please don’t hesitate to contact Danielle Trezise on 5349 1644 or email DanielleT@bshs.org.au.



Volunteer Appreciation Luncheon



VOLUNTEERING – MAKING A DIFFERENCE

Want the feeling of fulfilment that comes with volunteering?

- Make a difference
- Connect with others
- Make positive changes
- Inspire others to volunteer

Beaufort and Skipton Health Service offers community members a diverse range of opportunities to get involved in making a difference.

Talk to us today about getting involved. Some of our volunteer opportunities include:

- Community Transport
- Meals on Wheels
- Day Centre/Men’s Group
- Nursing Homes/ Hostels
- Day Trips
- Sharing skills such as art, music, reading, gentle massage and gardening

For more information on how you can get involved, contact Danielle Trezise (Community Integration Manager) on 5349 1644 or email DanielleT@bshs.org.au

WHAT'S IN A NAME

Almost 100 years ago, communities in both Beaufort and Skipton were beginning to understand the need for effective health care and residential aged care services.

This need was the motivation for community fundraising and ultimately the opening of Bush Nursing Hospitals in the respective towns.

Over the years, after various redevelopments and extensions, an evolution occurred with the combination of the two services in 1996. This union was to take on the name of the Beaufort and Skipton Health Service.

So what does this Health Service look like today? Indeed, the two towns can be proud as now local communities are assured of the benefits of a wide range of health care services.

It's no longer just nursing homes but an organisation providing everything from urgent care facilities, primary health, acute and residential aged care services, capable of also providing educational and training opportunities.

With refurbishments imminent at the Beaufort Nursing Home, expectations are that these planned enhancements will even further progress the various service provisions. This alongside significant partnerships with national organisations such as Dementia Australia, the future of best practice for associated care is also assured. With development, it's natural to expect that old names lose their relevance and new names need to reflect this sense of achievement and change. No longer does this level of health care support a name such as a 'Nursing Home' or a 'Hostel'. Generous bequests have supported BSHS toward this change and development and so



names have been chosen to both recognise the generosity and to also acknowledge that these donations have supported an era of change and positive growth. Beaufort's Nursing Home will now take on the name of "Gumley", with the Hostel being called "Pickford" in recognition of the Pickford family. Skipton's Nursing Home will be "Mackinnon" and the Hostel will continue to be presented as "Brigadoon".

With these names, planned refurbishments and a wealth of enhanced and improved health care, Beaufort and Skipton Health Service will stand proud in 2019 as a strong, well supported, high quality Health Service provider in Victoria. One that it's communities can be proud of for the name it holds and the care it provides.

BSHS WELCOMES ACTING DIRECTOR OF CLINICAL SERVICES KYM PETER

Beaufort and Skipton Health Service are pleased to welcome Kym Peter as the new Acting Director of Clinical Services.

Kym has extensive experience in healthcare, having worked in metro, regional and rural health services for many years. With a strong focus on clinical leadership, governance, safety and personal centred care, Kym Peter has also brought a wealth of other skills and interests to his role.

When Kym is not at work, he enjoys cooking something new every week, and spending time in the garden. Please take a moment to meet Kym, if you have the chance.



Kym Peter, Acting Director of Clinical Services

BIRCH PATHWAY PROJECTS

As part of the Dementia Project "Birch Pathway" we are excited to have new "Craft" trolleys for our Skipton residents. "These trolleys have been a real hit with providing craft activities for our residents", Nurse Unit Manager, Petrina Phillips said.

"They are also a great way for staff to engage with residents. One resident just enjoys sorting and organising the trolley". The trolleys are permanently available for residents to use and have already proved to be a popular new activity.

Beryl Black, Mackinnon Resident enjoys the benefits of the new craft trolley



SKIPTON GARDEN SHED

Grade 5/6 students from Skipton Primary School have been busy working on an art piece that will feature on the wall in an exciting "Garden Shed" project at the Skipton Campus.

Renovations are almost complete for this room that is a part of the "Mackinnon" Nursing Home and will enable our Skipton residents to be able to enjoy putting their hand to some gardening and potting of plants.

Once the art piece is complete, the Garden Shed will be unveiled and opened by Skipton Primary School students. This will undoubtedly be an excellent activity for our residents to be able to take part in and enjoy.

We would like to thank the Grade 5/6 students of Skipton Primary School for their hard work and involvement in this innovative project.

Left to right: Bronty Molloy, Cate Connell & James Read of Skipton Primary School proudly display their artwork

WE ARE A VITAL COMMUNITY LINK



WE SURPASS
EXCELLENCE



WE CREATE
TEAMWORK



WE SHOW
RESPECT



WE VALUE
TRUST



WE CONNECT
COMMUNITY

THANKS TO OUR BEAUFORT CWA LADIES

Our local Beaufort CWA Ladies have generously made and donated lovely “Children’s Care Packs” that are now available for children who visit the Beaufort Urgent Care Centre.

Our thanks to the CWA Ladies, this is a lovely idea to help and show some care to our children, in what can be a distressing time.

Andrea Flenley (Campus Manager), Beaufort CWA President, Pam Weller and Danni Trezise (Community Integration Manager, admire the new Children’s Care Packs)



EVENTS CALENDAR

**MURRAY TO MOYNE
“KEYS TO SUCCESS”
ON THE ROAD AGAIN**



Friday 5 April – Sunday 7 April 2019

Locals may once again see our “Keys to Success” team training and cycling the country roads as they start training for the 2019 Murray to Moyne Cycle Relay.

Our team will once again take part in the relay which will commence at Echuca, with the team riding for 520km’s to Port Fairy. Fundraising efforts will this year go towards the much needed installation of automatic doors at the Beaufort Hostel and also the Skipton Nursing Home and Hostel.

If you would like to sponsor our team, please go to our website www.bsbs.org.au, “Donate Online – GiveNow”, or for further details please contact Narelle Harrison on **5349 1682** or email Narelleh@bsbs.org.au.



2019 Walkfest

**Saturday 6 &
Sunday 7 April 2019**

Beaufort’s Inaugural
Walking Festival

BEAUFORT CAMPUS

28 Havelock Street
Beaufort Victoria 3373
P: +61 3 5349 1600

SKIPTON CAMPUS

2 Blake Street
Skipton Victoria 3361
P: +61 3 5340 1100

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