

WE ARE A VITAL COMMUNITY LINK



WE SURPASS
EXCELLENCE



WE CREATE
TEAMWORK



WE SHOW
RESPECT



WE VALUE
TRUST



WE CONNECT
COMMUNITY

RESIDENT/PATIENT CHOICES

Every day we make choices on what to wear, what we like to eat and who we buy our medications from. This does not change when someone enters residential care, consumers (once known as residents) continue to have the right to make choices, even in residential care.

This is actively supported, not only by Beaufort and Skipton Health Service, but is part of the standards that monitor the care and safety of consumers in residential services. Standard 1. Consumer dignity and choice requires that residential services support consumers to make their own decisions about their care and services.

What this means in practice, is that consumers have the right to choose which doctor they see and which pharmacy they use to get their medications from.

Some challenges that can arise are ensuring a consumer can get to appointments for their medical care, over a significant distance, or whether their chosen doctor will see them in their residential service. Also, any chosen pharmacy needs to be able to work with the residential service to supply medications in a safe and timely manner. As a residential service provider, it is important to us that we work with the consumer to support the choice that meets their health care needs.



KINDER KIDS HAVE FUN VISITING SKIPTON RESIDENTS

Skipton Kindergarten children have been busy lately spending time with the Skipton Mackinnon Nursing Home residents. Every Thursday morning the children have been visiting our residents to spend time doing activities together such as singing, reading, playing games, painting, cooking and various other activities.

Well done to all involved!

WE NEED A NEW BUS



Consider a donation to help us make this happen to improve the care and welfare of our residents and patients. For more details on how you can contribute contact our Finance Department on **5349 1625** or email receivables@bshs.org.au

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28 Havelock Street
Beaufort Victoria 3373
P: +61 3 5349 1600

SKIPTON CAMPUS
2 Blake Street
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SPRING EDITION 2019

CEO UPDATE

Welcome to our Beaufort and Skipton Health Service 'Community Pulse Newsletter'. We are entering a very exciting time for Beaufort and Skipton Health Service, as construction is about to commence on the refurbishment of the Beaufort 'Pickford' Nursing Home.

After years of preparation and planning, it is exciting to see this project commencing. The refurbishment of the Beaufort 'Pickford' Nursing Home will add significant improvement and comfort for our consumers and staff.

We have had several highlights and projects on the go over the last few months and we are pleased to be able to give you a glimpse of the achievements of our staff and the works being done within the health service at present.

One highlight was to see Kim Stevens (Learning and Development Manager) presenting on the innovative 'Care of the Older Person' (COOPs) program that we deliver with our partner, Ballarat Health Service.

The COOPs program has expanded to include participants from five health services in our region and enables graduates to begin a career path in becoming expert aged care specialists.

Kim was invited to present as a guest speaker at the National Nursing Forum in Hobart in August, with over 700 attendees at the conference. Well done again to Kim Stevens and Andrea Flenley (Nursing Director Quality and Safety), it has certainly grown from a 'Bright Idea'.



Kim Stevens and Kristee Winters present the COOPs program at the National Nursing Forum.

23rd ANNUAL GENERAL MEETING

WHEN:
2:00pm Wednesday 27th November, 2019

WHERE:
Pyrenees Shire Hall, Lawrence St, Beaufort.



Special Guest Speaker

Professor Susan Brumby,
Director, National Centre for
Farmer Health

Professor Susan Brumby is the founding Director for the National Centre for Farmer Health, a partnership between the Deakin University's School of Medicine and Western District Health Service and is based in Hamilton, Australia.

The Centre provides leadership to improve the health, wellbeing and safety of farmers, farm workers and their families across Australia.

Refreshments will be served at the conclusion of the meeting.

RSVP: Narelle Harrison by 22 Nov 2019
P: 5349 1682 **E:** Narelleh@bshs.org.au

CEO UPDATE (continued)

It is with great excitement I announce that we submitted three applications for funding under the 'Aged Care Significant Facility Refurbishment Initiative 2018/19', with all three being granted. This will enable us to undertake several projects which includes Sensory Gardens at the Beaufort 'Pickford' Hostel and the Skipton 'Mackinnon' Nursing Home. Plans have been completed for these projects, after consultation with our staff and residents. Our sincere thanks to Victoria Lovejoy for volunteering her time to develop and design the gardens, as we know these will add a wonderful new dimension and experience for our residents.

The third application that was awarded to our health service through the 'Aged Care Significant Facility Refurbishment Initiative 2018/19' will enable us to improve our Beaufort Nursing Home facilities by adding three additional en-suites to resident rooms. These works will now be completed as part of the Beaufort Nursing Home refurbishment project.



Adding to the list of projects is the 'solar panel project'. The solar panel project was established by the Victorian Government as an initiative to install solar panels on hospital roof tops to help drive down energy costs for Health Services and to reduce greenhouse gas emissions. The Beaufort and Skipton Health Service Board sought to be included in this program and it is anticipated that the panels will be installed shortly across both sites which will significantly assist in the reduction of electricity costs, which will result in ongoing budget savings for future years.

We are grateful and pleased to have several members from our Beaufort and Skipton communities fill our 'Consumer Representative' positions on our 'Community Advisory Committee' and 'Clinical Governance Committee'.

NEW COMMUNITY REPRESENTATIVES

Members of our 'Community Advisory Committee' recently assisted in editing our 2018/19 Quality Account calendar that will be available at our Annual General Meeting on 27th November, 2019.

These representatives play an important role in assisting us to provide the best possible care and services for our community and we thank those who have volunteered their time and feedback to our committees.

The recent contract signing awarding Searle Bros Construction Ballarat with the responsibility of delivering the refurbishment project has also focused the need of much planning and action by executive and staff. With a great deal of team work, including staff, residents and family members, plans for temporary relocations, site preparations and appropriate safety measures are all falling into place.



Careful planning has ensured that work will be appropriately staged to assist with minimising disruption and impacts across the site and for staff and residents.

Community involvement and feedback is an important part of our role. If you have any questions or comments about the refurbishment, please contact Meryn Pease, CEO at bshs@bshs.org.au or alternatively by writing to 28 Havelock Street, Beaufort. We would welcome your feedback.

SKIPTON HOSPITAL STRAW PELLET PROJECT

The Project Control Group (PCG) has met to review the revised submissions from preferred service providers to supply and install a straw fired boiler system at the Skipton Campus of BSHS.

The PCG has identified a suitable provider that will be able to supply and install the system within budget and within the allocated timeframe. It is expected that an announcement will be made mid-November.

The Board of Governance have provided clear direction that there will be a zero tolerance to 'Bullying and Harassment' within the health service.



BULLYING AND HARASSMENT STATEMENT

The Beaufort and Skipton Health Service Board agree that our staff, volunteers and contractors are the most important asset of Beaufort and Skipton Health Service. Staff are the key champions for our service, and each play an integral part in creating a positive workplace culture and a safe work place for all.

The Board are committed to maintaining an engaged workforce, a safe workplace and an overall positive organisational culture at all times through:

1. Fair and respectful treatment of all employees, volunteers and contractors.
2. An uncompromising approach to the safety and general wellbeing of all employees, volunteers, contractors, patients, residents and clients.
3. The complete absence from the workplace of bullying and harassment in any form.
4. The encouragement and promotion of learning and continuous improvement at all levels of the organisation.
5. A culture that fosters employee engagement, equity, teamwork and accountability.
6. Pursuit of the objectives and expected outcomes contained in the Department of Health and Human Services document titled: Our pathway to change: eliminating bullying and harassment in healthcare - creating a culture and environment that supports both patient and staff safety in healthcare settings (2016).

David Lenehan
Board Chair

Beaufort and Skipton Health Service

VIOLENCE AGAINST WOMEN AND THEIR CHILDREN IS A PREVALENT, SERIOUS AND PREVENTABLE COMMUNITY ISSUE.



In Australia, one woman is **murdered every 4.8 days** by a current or former partner and thousands more are injured or made to live in fear.

Family violence is a deeply gendered issue that affects people across the life span – disproportionately women and their children. The health, social and economic costs of violence against women are enormous.

The prevention of violence against women cannot occur without a movement for change that involves individuals, whole communities and diverse organisations and businesses.

Beaufort and Skipton Health Service is committed to making this change through its membership with Strengthening Hospital Responses to Family Violence (SHRFV) and Communities of Respect and Equality (CoRE) Alliance.

Research has shown that rural women report a further barrier to reporting family violence in not having access to a female doctor, in which to confide and seek help.

The health sector is a critical entry point for identifying people affected by family violence, providing medical care and a pathway to specialist support and assistance. Strengthening the capacity of health care professionals to identify and support people across the life span is crucial to the prevention of and response to family violence.

BSHS has provided training to 90% of managers and 29% of staff on identifying and responding to family violence, and has six more sessions to be presented by the end of the year.

Family violence is a serious health issue that has a profound impact on the psychological and physical well-being of those affected. Beaufort and Skipton Health Service is well positioned to contribute to the much-needed change for gender equality and prevention of family violence.